



Training Opportunity in HIV and AIDS Counselling and Testing

Dar es Salaam and Mwanza

Counselling and Testing Course

AMREF is a leader in Counselling and Testing in Tanzania and has trained more than 40% of trained counsellors practicing in the country. In addition to training, AMREF has developed quality assurance tools based on the service provision in the Tanzanian context. Through its extensive experience, AMREF continues to train and sub-grant government facilities and CSOs in Counselling and Testing across Tanzania through its ANGAZA Counselling and Testing Programme.

In view of the success in counselling and testing training and practice, AMREF now wishes to extend this training to participants beyond its current counselling and testing partners to expand the reach and impact of counselling and testing in the country.

Aim

The aim of this course is to contribute to national response to HIV and AIDS in prevention, care and treatment, and support through provision of client centered voluntary counselling and testing services. The course will strengthen participants' skills on quality service delivery which includes: Comprehensive information on HIV and AIDS, prevention, care and treatment. In addition, participants will be introduced to theories of the practice, and skills on self awareness, counselling and communication.

Course Objective

The main objective of the course is to equip service providers with knowledge, attitudes and skills for providing high quality client initiated voluntary counselling and testing services to enable people know their HIV sero-status.

Key course outcome

Counsellors in HIV and AIDS delivering quality HIV and AIDS services in Tanzania

Training curriculum and content

The curriculum will be covered in four weeks of continuous training, translating into a total of 135 hours. The first three weeks will cover theory and micro counselling exercises related to each module, and will also provide knowledge and skills necessary in HIV testing using rapid test assays. Trainees will be given the opportunity to do practical training in testing centres in the fourth week of their training. AMREF uses National Training Curriculum and Guidelines. The training is facilitated by National Trainers recognised by NACP/MOH. The content of the course is divided into eight modules with various sub sessions in each of the modules. Each sub session is allocated one hour of facilitation.

The modules covered include:

- Module 1: Self-awareness
- Module 2: Basic information on HIV and AIDS
Counselling and Testing
- Module 3: Counselling Theories, Approaches and Techniques
- Module 4: Counselling for Specific Target Groups and Situations
- Module 5: Counselling, Care and Treatment
- Module 6: VCT Service Delivery and Programme Management
- Module 7: HIV Testing in CT Service Delivery
- Module 8: Counselling Skills, Ethical Codes and Supervision of Counselling Practice.

Methodology

The course will employ participatory methods in imparting knowledge and skills on the principles and practice of counselling.

Eligibility

This short course is designed for health care providers including registered nurses, medical practitioners, laboratory technicians, social workers, community development persons or nutritionists. Additional requirements include a minimum education of form four (IV), two years experience working in HIV and AIDS and good interpersonal skills.

Duration and venue

The four-week training course will take place in its Dar es Salaam and Mwanza Training Centres as follows:

Mwanza

4th - 29th July 2011 and
7th Nov. - 2nd Dec. 2012

Dar es Salaam

3rd - 28th October 2011 and
13th Feb. - 2nd March 2012

Fees

Participants will be required to pay Tsh 580,000/= (Five hundred eighty thousand only) to cover tuition, and course administration costs.

Mode of payment:

Bank Name: NBC Ltd

Account Name: AMREF

Account Number in Tshs:

011103000446

Account Number in USD:

012105005128

Accommodation and other logistics

Accommodation, meals, medical care and transport to and from the venue will be the responsibility of course participants.

Certification

Successful completion of the course will lead to Counsellor Certificate offered by the National AIDS Control Program of the Ministry of Health and Social Welfare.

Enquiries and application deadline

All enquiries regarding the course should be sent to the undersigned:

Program Manager

E-mail: capacity.building@amref.org

Ali Hassan Mwinyi Road

P.O. Box 2773

Dar es Salaam, Tanzania

Deadline for applications:

One week prior to start date of the course.



In 2003, I was lucky to attend a 4-week VCT course at the AMREF Training Centre in Dar es Salaam, Tanzania. As part of my training, I was attached to a health facility for practical training, under supervision of a facilitator. During field work, I learnt more on counselling by translating theory into practice.

During the sessions, my supervisor observed and listened as I counselled. After each client had left, the supervisor gave me some useful feedback on my performance, highlighting my areas of strength and weakness; until I was finally informed that my performance measured to quality VCT standards set by the Ministry of Health and Social Welfare. I'm grateful to AMREF for the competence and confidence I have in HIV and AIDS counselling.

Account by Etinishimbo Uroki, Machame VCT Centre, Moshi, Kilimanjaro.